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**Joseph Ellis Author of Running Injury Free**

October 3rd, 2018 - Joseph Ellis is the author of Running Injury Free 3 56 avg rating 43 ratings 8 reviews published 2013 One Clever Creature Joseph Ellis and Christy

**Running Injury Free Joseph Ellis 9781623361259 NetGalley**

September 2nd, 2013 - Running Injury Free by Dr Joseph Ellis DPM uses anecdotal examples from Ellis own patients and experiences in order to discuss injury prevention treatment and recovery He implements a clinical approach toward treating the most common running related injuries as well as providing detailed background situations to describe how each injury can happen so the reader can recognize poor

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**Running Injury Free Joseph Ellis 9781623361259**

September 23rd, 2013 - Dr Joseph Ellis is a podiatrist who specializes in the treatment of sports related injuries A longtime runner Dr Ellis was one of the initial panelists for the annual Runner s World shoe survey and currently is on that magazine s science advisory board

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- Running Injury Free uses anecdotal examples from nationally acclaimed sports medicine authority and podiatric surgeon Dr Joseph Ellis s own patients and experiences in order to discuss injury prevention treatment and recovery

**Dr Joseph Ellis CFP® DPM Global Wealth Partners Inc**

January 17th, 2019 - An accomplished writer Dr Ellis co authored the definitive book on injury free running as well as dozens of articles"both on finance and health"for GQ Men's Fitness eHow com Livestrong org and Prevention magazine He served on the Science Advisory Board for Runners' World Magazine

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